

A group of approximately 15 people, including men and women of various ages, are posing on a grassy hillside. They are dressed in outdoor hiking or running gear, including jackets, hats, and backpacks. A black dog is standing on the right side of the group. The background shows a vast, open landscape under a cloudy sky. A green brushstroke graphic is overlaid on the image, containing the text 'Get ACTIVE'.

Get

ACTIVE

Join the challenge
and support Vetlife

Boost your physical and mental wellbeing this October with an individual or team challenge to get fit, have fun and fundraise for Vetlife.

Whether it's walking, running, cycling, horse riding, paddle boarding, rock climbing or yoga – get yourself moving and join in the fun.

 Vetlifecharity  @VetlifeUK  @VetlifeUK

ACTIVE
october

In support of **vetlife**

Read more at
vetlife.org.uk/ActiveOctober